GymRat APPLICATION SITE GUIDE & TUTORIALS

The GymRat system is the interactional multi-functional hub where grassroots basketball teams across the country register to compete in GymRat events AND where tens of thousands of players throughout the nation begin, enhance, and complete their recruiting process through the GymRat RECRUITING Index. This guide provides information, instructions, and video tutorials for common functions performed throughout the GymRat system.

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GENERAL FUNCTIONS

These are functions that are performed by all user types within the GymRat system (Team Leaders & Coaches, Parents & Players, College Coaches & Scouting Services)

CREATING YOUR GymRat ACCOUNT: In order to access the GymRat Application Site, you must first create an account in the system. Creating an account is FREE and acts as your key to be able to use all of the functionality built into the GymRat system. Follow the quick steps below to create a GymRat account.

   A. Visit https://gymratchallenge.com/gymrat/
   B. Click on GET AN ACCOUNT in the main menu
   C. Complete the information on the CREATE ACCOUNT screen
   D. Click SUBMIT at the bottom of the screen
   E. You will receive an e-mail confirming the creation of your account
   F. **NOTE**: Please be sure to use the same account and credentials each time you use the GymRat system. Creating separate accounts will cause you to lose system functionality. The GymRat system is a "smart system", so logging in to the same account each time allows you to have access to all of your data in the same way that logging into the same Amazon account allows you to have access to all of your site data like shipping addresses, payment information, past orders, etc.

WHAT'S THE DIFFERENCE BETWEEN A GymRat ACCOUNT & A GymRat RECRUITING INDEX PLAYER PROFILE? Click here to view a VIDEO TUTORIAL on this topic ▶

Put simply, every player with a GymRat RECRUITING Index Player Profile must have a GymRat account in order to access that profile. However, not everyone with a GymRat account also has a GymRat RECRUITING Index Player Profile linked to it. For players, their GymRat account is linked to their GymRat RECRUITING Index player profile. For parents, their GymRat account can be linked to multiple GymRat RECRUITING Index player profiles….that way, parents with multiple children can view profiles for all of their children by logging into a single GymRat account.

The GymRat Application Site is where any interactive process takes place….teams registering for GymRat events, players creating and editing their recruiting profiles, college coaches searching and interacting with player profiles, etc. In order to access the GymRat Application Site, you must first create an account in the system. Creating an account is FREE and acts as your key to be able to use all the functionality built into the GymRat system. There are many different types of users of the GymRat system including team coordinators, coaches, parents, players, college coaches, and members of our event staff. All must have a GymRat account in order to use the system.

One of the primary benefits of having a GymRat account is the ability to create a player profile. Tens of thousands of player profiles reside in the GymRat system. Those profiles are compiled and organized within the GymRat RECRUITING Index where they are available to be searched, viewed, and evaluated by every college coach in the nation. The GymRat RECRUITING Index is the most effective, efficient, and credible online basketball recruiting service on the market.

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LOG INTO MY GymRat ACCOUNT: Gaining access to your GymRat player profile is quick and easy:
A. Visit www.GymRatCHALLENGE.com and click on the RED tab in the upper right hand corner of the page labeled "LOG INTO MY GymRat ACCOUNT"
B. You can also log into your GymRat account directly at https://gymratchallenge.com/gymrat/login/login.html
   i. If you cannot remember your GymRat USERNAME, visit https://gymratchallenge.com/gymrat/account/username
   ii. If you cannot remember your GymRat PASSWORD, visit https://gymratchallenge.com/gymrat/account/forgotpass
C. If you do not yet have a GymRat ACCOUNT, CLICK HERE for instructions on how to CREATE YOUR GymRat ACCOUNT

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RE-SETTING YOUR GymRat ACCOUNT USERNAME: If you forget your GymRat USERNAME, you can quickly and easily recover that information. Please remember that your account is tied to your team registrations, player profiles, applications to be a member of the event staff, etc, so you must regain access to your account in order to be able to view all of that information. Creating a new account will **NOT** give you access to any of that information, and having more than one account in the system can cause you to lose access to functionality and information.
A. Visit https://gymratchallenge.com/gymrat/account/username and follow the on-screen instructions.
B. You can also reset your username directly from the log-in screen:
   i. Visit https://gymratchallenge.com/gymrat/login/login.html
   ii. Click on click on "**Forgot user name? Click here**."
   iii. In the appropriate boxes, type the E-MAIL that you used to create the account
   iv. Click SUBMIT at the bottom of the screen
   v. You will receive an e-mail with your username.
   vi. **PLEASE NOTE**: For security purposes, that e-mail can only be sent to the e-mail address that was originally used to create the account.

RE-SETTING YOUR GymRat ACCOUNT PASSWORD: If you forget your GymRat account password, you can simply reset your password in order to regain access to your account. Please remember that your account is tied to your team registrations, player profiles, applications to be a member of the event staff, etc, so you must regain access to your account in order to be able to view all of that information. Creating a new account will **NOT** give you access to any of that information, and having more than one account in the system can cause confusion. Please follow the steps below in order to reset your GymRat account password.

    A. Visit https://gymratchallenge.com/gymrat/login/login.html
    B. Click on click on "**Forgot password? Click here**."
    C. In the appropriate boxes, type your original USERNAME and the E-MAIL that you used to create the account
    D. Click SUBMIT at the bottom of the screen
    E. You will receive an e-mail with a link. Click on that link, enter the NEW password that you would like to use in the appropriate boxes, and click the SUBMIT button at the bottom of the screen.
    F. From there you will be able to log back into the system using the NEW password that you've created.

TEAM LEADER & COACH FUNCTIONS

These are functions that are specific to TEAM REPRESENTATIVES & COACHES within the GymRat system. These are TEAM REPRESENTATIVES & COACHES for teams competing in GymRat events.

REGISTERING YOUR TEAM FOR A GymRat EVENT: All REGISTRATIONS are completed online and all major credit cards are accepted. If your organization needs to pay by check, please contact the GymRat Tournament Office at 1-888-7-GYMRAT (1-888-749-6728). Follow the steps below in order to REGISTER YOUR TEAM :

    A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
    B. Once you've logged in, visit the WELCOME page
    C. Once there, click on the REGISTER NOW button under the appropriate event icon.
    D. Follow the menu prompts to enter your TEAM REGISTRATION & PAYMENT information

ENTERING YOUR TEAM ROSTER: All TEAM ROSTERS for GymRat events are entered electronically in order to allow easy access by college coaches and evaluators. Follow the steps below in order to enter your TEAM ROSTER.

    A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
    B. Once you've logged in, click on the MY TEAMS tab in the navigation bar
    C. Once there, click on the dashboard icon for the team that you want to view and you will be taken to your TEAM DASHBOARD
    D. Once on the TEAM DASHBOARD, scroll down to the TEAM ROSTER section and click on the ADD NEW PLAYER link
        i. If the ADD NEW PLAYER link does not appear on your DASHBOARD, then your TEAM LEADER (the person that registered your team) needs to grant you access.
        ii. Your TEAM LEADER can do that by simply clicking on the "WHO CAN EDIT THIS?" link next to the TEAM ROSTER heading and following the menu prompts to grant you access
    E. Follow the menu prompts to enter players onto your TEAM ROSTER
    F. Once a player is entered on the TEAM ROSTER, e-mails and text messages are sent to the player and the player's parent alerting them and providing them with further opportunities to update their profile in the GymRat player profile and tracking system known as the GymRat RECRUITING Index

SEE WHAT PLAYERS HAVE ACCEPTED THEIR ROSTER SPOTS & HOW TO REMIND THEM TO DO SO: When players are added to a roster, e-mails and text messages are automatically sent to the player and the players parents alerting them, and providing them with a player-specific link to accept their roster spot and verify their roster data. Accepting the roster spot is a very important function that creates the player's GymRat RECRUITING INDEX profile, allows the player to be tracked and followed by college coaches and evaluators across the country, makes the player eligible to receive ALL-GymRat CHALLENGE recognition in the post-event press release, and ensures the accuracy of the player's roster data that will be printed in the Event Program that is distributed to college coaches, scouting services, GymRat evaluators, and fans. Click here to view a video tutorial on the importance of the verification process ▶️

- A. Log into your GymRat account on https://gymratchallenge.com/gymrat/
- B. Click on the MY TEAMS link in the navigation area
- C. Click on the DASHBOARD icon next to the team that you want to view....that will take you to your TEAM DASHBOARD
- D. Once on your TEAM DASHBOARD, scroll down to the TEAM ROSTER section
  - o Any player with a checkmark ✓ next to their name has ACCEPTED their roster spot
  - o Any player WITHOUT a checkmark ✓ next to their name, has NOT accepted their roster spot. In that case, there are 3 links next to the player's name:
    - ▪ **REMIND**: Click this link to automatically send the player and the player's parent an e-mail and text to remind them to accept their roster spot
    - ▪ **REMOVE**: Click here to remove the player from your roster
    - ▪ **EDIT**: Click here to edit any of the information for the player including the e-mail and cell numbers to which the REMIND e-mails and text messages are sent.

ADDING TEAM CONTACTS: The person that registers a team is automatically designated as the TEAM LEADER. The TEAM LEADER can add other TEAM CONTACTS in order to have them assist with administrative functions such as entering the TEAM ROSTER and TEAM HOTEL information. To add TEAM CONTACTS, simply follow the steps below.

- A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
- B. Once you've logged in, click on the MY TEAMS tab in the navigation bar
- C. Once there, click on the dashboard icon for the team that you want to view and you will be taken to your TEAM DASHBOARD
- D. Once on your TEAM DASHBOARD, scroll down to the TEAM CONTACTS section
- E. Click on the ADD TEAM CONTACT link and follow the menu prompts
  - i. If the person that you are trying to add already has a GymRat account, their name will pop up as an option for you to select in the TEAM CONTACT NAME section of the menu once you type a few letters of their last name
  - ii. If the person does not have a GymRat account, you can easily add them on that same menu
- F. Once the contact has been added, you can give them access to any of the administrative areas of your TEAM DASHBOARD by simply clicking on the "WHO CAN EDIT THIS?" link next to the main heading (TEAM CONTACTS, TEAM ROSTER, HOTEL INFORMATION)

GIVING TEAM CONTACTS ACCESS TO ADMINISTRATIVE FUNCTIONS ON YOUR TEAM DASHBOARD: The GymRat system is designed to allow TEAM LEADERS (the people that complete the team registration) to designate

other TEAM CONTACTS to help with team administrative functions such as team roster submission. Simply follow the steps below in order to give TEAM CONTACTS access to team administrative functions.

    A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
    B. Once you've logged in, click on the MY TEAMS tab in the navigation bar
    C. Once there, click on the dashboard icon for the team that you want to view and you will be taken to your TEAM DASHBOARD
    D. Once on your TEAM DASHBOARD, click on the "WHO CAN EDIT THIS?" link next to the main heading (TEAM INFORMATION, TEAM CONTACTS, TEAM ROSTER, HOTEL INFORMATION)
    E. A dialogue box will pop-up that contains all of your TEAM CONTACTS. From there you can simply click on the box next to each TEAM CONTACT's name in order to provide them access to that section.

VIEW & EDIT GENERAL TEAM INFORMATION: You can view up to date team information including TEAM REGISTRATION DETAILS, TEAM ROSTER, and TEAM HOTEL information by visiting your TEAM DASHBOARD. Your TEAM DASHBOARD is your one stop portal for all of the information that resides in the GymRat database for your team. To view your TEAM DASHBOARD, simply follow the steps below.

    A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
    B. Once you've logged in, click on the MY TEAMS tab in the navigation bar
    C. Once there, click on the dashboard icon for the team that you want to view and you will be taken to your TEAM DASHBOARD
    D. Once on the TEAM DASHBOARD, simply click on the EDIT link in the upper right-hand corner of any of the main sections of your TEAM DASHBOARD (TEAM INFORMATION, TEAM CONTACTS, TEAM ROSTER, HOTEL INFORMATION) to add, change, or delete any of the information.

VIEW POST EVENT REPORTS & ALL-GymRat SELECTIONS: After each GymRat-branded event, a post-event report is prepared by the GymRat CHALLENGE Evaluation Staff that is comprised of expert current and former professional, college, and high school coaches, professional players, and media members. These comprehensive 60+ page reports contain event highlights as well ALL-GymRat selections and player evaluations in all Age Divisions. The GymRat Report is available to every college program in the United States (Division I, II, III) through the GymRat RECRUITING Index. The report is also available to players and parents through each player's GymRat RECRUITING PROFILE (ADVISORY & ENHANCED profiles only). To view the GymRat Report follow the instructions below. You can also CLICK HERE to view a VIDEO TUTORIAL on Event Reports ▶️

    A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
    B. Once you've logged in, click on the MY PROFILES link in the main menu.
        ⊙ Only ADVISORY & ENHANCED profile users have access to EVENT REPORTS. CLICK HERE for instructions on how to upgrade to an ADVISORY or ENHANCED profile.

    C. Once there, click on the dashboard icon   for the profile/program that you want to view.
    D. Once on the RECRUITING PROFILE:
        i. Click on the green RECRUITING INFO tab on the Profile Dashboard Menu and choose EVENT REPORTS
        ii. A list of all Event Reports related to this player profile will appear
        iii. Click on the report that you would like to view

PLAYER & PARENT FUNCTIONS

These are functions that are specific to PLAYERS & PARENTS within the GymRat system.

ACCEPT YOUR ROSTER SPOTS TO COMPETE IN A GymRat EVENT: When players are added to a roster, e-mails and text messages are automatically sent to the player and the players parents alerting them and providing them with a player-specific link to accept their roster spot and verify their roster data. Accepting the roster spot is a very important function that creates the player's GymRat RECRUITING INDEX profile, allows the player to be tracked and followed by college coaches and evaluators across the country, makes the player eligible to receive ALL-GymRat CHALLENGE recognition in the post-event press release, and ensures the accuracy of the player's roster data that will be printed in the Event Program that is distributed to college coaches, scouting services, GymRat evaluators, and fans. Accepting a roster spot is a quick, easy, FREE, and automated process. Click here to view a video tutorial on the importance of the verification process ▶

- A. Click on the link provided in the e-mail or text message. **PLEASE NOTE**: Each link is player-specific. Because the link is specifically connected to each player, do NOT forward your link to other players on your team and do NOT accept a link from other players on your team.
    - i. If you have NOT received an e-mail or text message asking you to accept your roster spot, please notify your coach immediately. The system sends those e-mails and text messages to the address and number provided by coaches when they entered their rosters. If you have **NOT** received those messages, it is quite likely that an incorrect e-mail address and/or phone number were entered for you. Your coach can easily make those corrections.
- B. Log into your GymRat account on https://gymratchallenge.com/gymrat/
    - i. If you do **NOT** have a GymRat account:
        - a. Click on GET AN ACCOUNT
        - b. Complete the information on the CREATE ACCOUNT screen
        - c. Click SUBMIT at the bottom of the screen
        - d. You will be re-directed back to the ACCEPT YOUR ROSTER SPOT screen
- C. Once logged into your GymRat account, follow the prompts on the ACCEPT YOUR SPOT SCREEN
    - i. You simply have to enter the PLAYER'S date of birth in order to complete the process and begin viewing and editing the PLAYER'S online profile in the GymRat RECRUITING Index

LOG INTO MY PLAYER PROFILE: The GymRat CHALLENGE creates RECRUITING PROFILES for ALL players competing in the GymRat CHALLENGE. Those profiles are contained in a system known as the GymRat RECRUITING INDEX where they can be searched by college coaches and evaluators across the country as well as the on-site GymRat CHALLENGE Evaluation Staff that is comprised of expert current and former professional, college, and high school coaches, professional players, and media members. Those profiles can be edited and updated by players and their parents. It's critically important to maintain access to the player profile so that college coaches throughout the country are viewing accurate and up to date information. Click here to view a video tutorial on the importance of regularly interacting with your GymRat profile ▶

- A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
- B. Once you've logged in, click on the MY PROFILES link in the navigation bar to view recruiting profiles that are linked to your GymRat account
- C. Once there, click on the dashboard icon for the profile that you want to view

THE GymRat RECRUITING INDEX….BEST IN CLASS BASKETBALL RECRUITING PLATFORM
The GymRat RECRUITING Index is the most targeted, effective, and credible online recruiting service in the nation. This best-in-class platform was developed by basketball lifers in order to give players and families REAL feedback from REAL college coaches in REAL time. The GymRat RECRUITING Index contains thousands of player profiles and is available to every college coach in the nation, as well as scouting services, publications, and the on-site GymRat

CHALLENGE Evaluation Staff that is comprised of expert current and former professional, college, and high school coaches, professional players, and media members. That Evaluation Staff is responsible for selecting ALL-GymRat CHALLENGE performers in each event Age Divisions and compiling that information in the post-event report that is viewed across the nation.

The powerful grouping of a high-exposure, highly credible event and a state of the art player profile and tracking system makes the GymRat CHALLENGE and the GymRat RECRUITING Index an authoritative and unparalleled combination on the basketball recruiting and exposure landscape. VIEW What Makes the GymRat RECRUITING Index BEST IN CLASS ▶

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HOW DO PLAYERS GET A PROFILE IN THE GymRat RECRUITING INDEX?
There are two pathways, or portals, for players to have a profile published in the GymRat RECRUITING Index….the PUBLIC portal that is available to all players around the globe and the EVENT portal which is accessible only by players competing in a GymRat-branded event.

THE PUBLIC PORTAL
In its original form, the GymRat RECRUITING Index was available only as an exclusive benefit to players competing in the GymRat CHALLENGE or other GymRat-branded events. With the tremendous success of the GymRat RECRUITING Index in providing a realistic and credible path for high school players to find their way to the proper fit at the college level, the demand for access to the unique benefits provided by the GymRat RECRUITING Index has skyrocketed. As a result, the services of the GymRat RECRUITING Index have now been made publicly available to players across the globe. Follow the simple steps below to create your GymRat RECRUITING Index player profile through PUBLIC portal.

A. Visit www.GymRatCHALLENGE.com or www.GymRatRECRUITINGIndex.com and click on the RED tab in the upper right hand corner of the page labeled "LOG INTO MY GymRat ACCOUNT"
  i. You can also log into your GymRat account directly at https://gymratchallenge.com/gymrat/login/login.html
    a) If you cannot remember your GymRat USERNAME, visit https://gymratchallenge.com/gymrat/account/username
    b) If you cannot remember your GymRat PASSWORD, visit https://gymratchallenge.com/gymrat/account/forgotpass
  ii. If you do not yet have a GymRat ACCOUNT, CLICK HERE for instructions on how to CREATE YOUR GymRat ACCOUNT
B. Once you are logged into your GymRat account, click on the RECRUITING PROFILES button in the top navigation bar.
C. Click on the VIEW OPTIONS button in the bottom right-hand corner of the screen
D. Follow the prompts on the screen to view videos & information and select your GymRat RECRUITING Index profile option

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THE EVENT PORTAL
GymRat RECRUITING Index profiles are automatically created for ALL players competing in the GymRat CHALLENGE….one of the largest and most competitive grassroots basketball events in the nation….as well as other GymRat-branded events. The GymRat RECRUITING Index is one of the many reasons that more players are recruited out of the GymRat CHALLENGE than any other event in the nation. All teams registered to compete in the GymRat-branded events are required to submit their

rosters electronically through our online ROSTER system. This allows all players competing in GymRat-branded events to receive their GymRat RECRUITING Index EVENT PORTAL. Here's how it works:

- Once a coach adds a player to his/her roster, the system automatically generates e-mail and text message that are sent to the player and his/her parents alerting them that the player has been placed on a roster to compete in a GymRat-branded event.
- The e-mail contains simple, step-by-step instructions explaining how the player and her/his parents can view and verify the player's roster information.
  - ⊙ Click here to view a video tutorial on the importance of the verification process ▶
- Once the roster information is verified by the player and/or parent, the player's profile is automatically created in the GymRat RECRUITING Index. Players have the ability to view, edit, and maintain their GymRat RECRUITING INDEX PROFILES year-round. This is an important function for players at all age levels as they manage the information that's available about them for view by college coaches and evaluators.

GymRat RECRUITING INDEX PROFILE OPTIONS

The GymRat RECRUITING Index offers three profile options….ADVISORY, ENHANCED, and BASIC.

- **ADVISORY Subscription**: Like nothing else on the market today, this best-in-class interactive recruiting service provides all of the elements of the Enhanced service PLUS direct consultation for players and parents with the GymRat Advisory Board comprised of respected former college coaches that have spent their careers evaluating players in order to offer scholarships and/or roster spots at all levels. Among the components of your consultation is game film review and a written evaluation from a GymRat Advisory Board member. Unlike other services they may provide unqualified feedback or simple social media posts that chart a path to nowhere, the GymRat RECRUITING Index Advisory service is designed by basketball "lifers" to honestly and accurately identify each player's potential recruitment level by providing REAL feedback from REAL college coaches in REAL time. VIEW The GymRat ADVISORY Subscription Advantage ▶
- **ENHANCED Subscription**: Designed to provide a single portal where all of your critical recruiting data is organized and available for college coaches to view and access. With the powerful internal communication tools built into the GymRat RECRUITING Index, you can see exactly what college coaches are viewing your profile in real time. In order to provide a more defined target in the recruiting process, when a college coach accesses an Enhanced profile in the GymRat RECRUITING INDEX, the system automatically sends an ALERT to that player and the player's parents. **UNLIKE** the random messages that you might receive from other generic online recruiting services, the alerts that you receive from the basketball-specific GymRat RECRUITING Index are **NOT** "sales" type messages. GymRat RECRUITING INDEX alerts are **ONLY** generated when a college coach or evaluator (publication, scouting service, media member, etc) actually accesses your profile. VIEW Details of the GymRat ENHANCED Subscription ▶
- **BASIC Subscription**: Just as the name would suggest, this service level provides only the most basic elements of the GymRat RECRUITING Index. At this level, a player's basic and verified roster data resides in the GymRat RECRUITING Index system. That data is viewable by college coaches, but players and parents do not have access to any of the interactive tools to see what college coaches are viewing the profile or to communicate directly with them through the system. This level is only available through the Event Portal for players competing in GymRat branded events. VIEW Overview of the GymRat BASIC Profile ▶

With three profile options, players and their parents have the ability to vastly increase visibility to college coaches and utilize the powerful tools that are built into the GymRat RECRUITING INDEX system.

The GymRat ADVISORY Subscription Advantage

ADVISORY SUBSCRIPTION HIGHLIGHTS

- ☑ BEST IN CLASS INTERACTIVE RECRUITING SERVICE; LIKE NOTHING ELSE ON THE MARKET TODAY
- ☑ REAL FEEDBACK FROM REAL COLLEGE COACHES IN REAL TIME
- ☑ DIRECT CONSULTATION WITH THE GymRat ADVISORY BOARD COMPRISED OF RESPECTED FORMER COLLEGE COACHES
- ☑ GAME VIDEO REVIEW FROM A MEMBER OF THE GymRat ADVISORY BOARD
- ☑ WRITTEN EVALUATION FROM A GymRat ADVISORY BOARD MEMBER DESIGNED TO HONESTLY & ACCURATELY IDENTIFY YOUR POTENTIAL RECRUITMENT LEVEL
- ☆ PRICE: $749

GIVE ME THIS LEVEL

The GymRat ENHANCED Profile
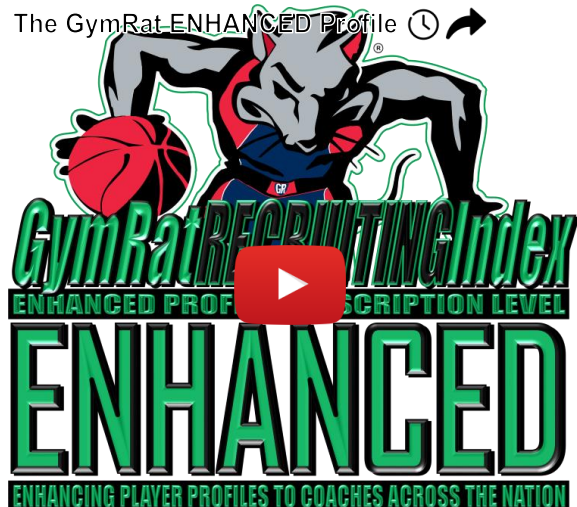
ENHANCED SUBSCRIPTION HIGHLIGHTS

- ☑ ALL OF YOUR CRITICAL DATA IN ONE PLACE FOR COLLEGE COACHES TO VIEW
- ☑ SEE WHAT COLLEGE COACHES ARE VIEWING YOUR PROFILE IN REAL TIME
- ☑ USE OF POWERFUL INTERNAL COMMUNICATION TOOLS
- ☑ ACCESS TO THE ANNUAL GYMRAT REPORT
- ☆ PRICE: $149/YEAR

GIVE ME THIS LEVEL

The GymRat BASIC Profile
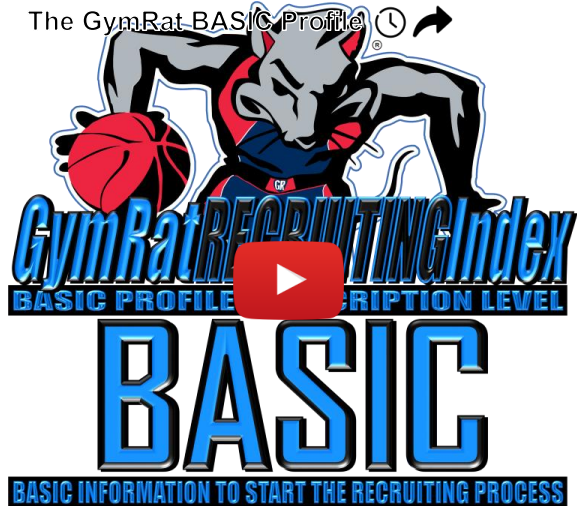
BASIC PROFILE DETAILS

- ☑ BASIC INFORMATION TO BEGIN THE RECRUITING PROCESS
- ☑ PROFILE IS VISIBLE TO COLLEGE COACHES, BUT….
- ☑ YOU DO NOT HAVE ACCESS TO ANY OF THE INTERACTIVE TOOLS TO SEE WHAT COLLEGE COACHES ARE VIEWING YOUR PROFILE OR TO COMMUNICATE DIRECTLY WITH THEM THROUGH THE SYSTEM.
- ☑ THIS LEVEL IS ONLY AVAILABLE WITH PARTICIPATION IN A GYMRAT TOURNAMENT.
- ☆ PRICE: FREE

UPGRADE MY PLAYER PROFILE: The GymRat RECRUITING Index is the most targeted, effective, and credible online recruiting service in the nation. This best-in-class platform was developed by basketball lifers in order to give players and families REAL feedback from REAL college coaches in REAL time. The GymRat RECRUITING Index contains thousands of player profiles and is available to every college coach in the nation, as well as scouting services, publications, and the on-site GymRat CHALLENGE Evaluation Staff that is comprised of expert current and former professional, college, and high school coaches, professional players, and media members. To upgrade your profile at any time follow the steps below.

    A.   Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html

    B.   Once logged in, click on the **MY PROFILES** link that appears in the blue navigation bar on the left side of the screen.

    C.   Click on the Dashboard icon in the left hand column that coincides with the PLAYER PROFILE that you would like to view. That will take you directly to the PLAYER'S RECRUITING PROFILE.

    D.   Once on the RECRUITING PROFILE, there will be a link under the player's name that reads **UPDATE ACCOUNT INFORMATION**

    E.   Click that link to view the UPDATE ACCOUNT dialogue box and scroll to the bottom of the box in order to make changes to your subscription status.

WHAT DO GymRat RECRUITING INDEX ALERT E-MAILS MEAN?: College coaches and evaluators are utilizing and accessing the GymRat RECRUITING Index **YEAR-ROUND**. With the powerful internal communication tools built into the GymRat RECRUITING Index, you can see exactly what college coaches are viewing your profile in real time. In order to provide a more defined target in the recruiting process, when a college coach accesses a profile in the GymRat RECRUITING Index, the system automatically sends an alert via e-mail and text message to that player and the player's parents. The alerts that you receive from the GymRat RECRUITING Index are AUTOMATED messages that come from the system **ONLY** if a college coach or evaluator (publication, scouting service, media member, etc) performs an action in our database that involves your profile. **UNLIKE** the random messages that you might receive from other generic online recruiting services, the alerts received from the basketball-specific GymRat RECRUITING Index are **NOT** "sales" type messages or randomly sent messages. GymRat RECRUITING Index alerts are **ONLY** generated when a COLLEGE COACH or EVALUATOR (publication, scouting service, media member, etc) actually accesses your GymRat profile and performs one of the following tasks:

    A.   **PROFILE SEARCH**: A COLLEGE COACH or EVALUATOR performs a search of the GymRat RECRUITING INDEX that results in your profile appearing in the search results. College coaches can utilize a number of different criteria to search the GymRat database for players that meet their recruiting needs.

    B.   **PROFILE VIEW**: A COLLEGE COACH or EVALUATOR clicks on or views your GymRat profile.

    C.   **PROFILE TRACKING**: A COLLEGE COACH or EVALUATOR "follows" you in the GymRat RECRUITING INDEX system. If a college coach or evaluator "follows" you, they receive an automatic alert each time you post an update to your GymRat RECRUITING INDEX profile.

    D.   **MESSAGING**: A COLLEGE COACH or EVALUATOR sends you a message utilizing the internal messaging tools built into the GymRat RECRUITING INDEX.

ADDING AN AUTHORIZED USER TO YOUR GymRat PLAYER PROFILE: Player profiles in the GymRat RECRUITING Index system are set-up in such a way that authorized users are designated for each profile. Only those authorized users are allowed to edit the profile. Those authorized users also receive alert notifications when college coaches interact with the profile. For several reasons, including ensuring the accuracy of the player profile information and proper tracking of the recruiting process, it's highly recommended that GymRat RECRUITING Index player profiles be configured in order for the player AND at least one parent to receive alerts through the system. This configuration

allows both players AND parents to monitor profile information as well as all recruiting communications. To add an Authorized User to your profile, follow the steps below.

A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
B. Once logged in, click on the **MY PROFILES** link that appears in the blue navigation bar on the left side of the screen.
C. Click on the Dashboard icon in the left hand column that coincides with the PLAYER PROFILE that you would like to view. That will take you directly to the player's recruiting profile.
D. Once on the profile homepage, click on the PLAYER INFO section (blue) of the PROFILE DASHBOARD MENU.
E. Select AUTHORIZED USERS from the dropdown list. This will display all AUTHORIZED USERS linked to the player profile.
F. Click on the **+** button at the top of the AUTHORIZED USER box to add a new AUTHORIZED USER
    i. If the person that you are trying to add already has a GymRat account, their name will pop up as an option for you to select in the CONTACT box section of the menu once you type a few letters of their last name
    ii. If the person does not have a GymRat account, they must create a GymRat Account before they can be added as an AUTHORIZED USER.

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CONTROL THE TYPES OF ALERTS THAT I RECEIVE WHEN COLLEGE COACHES INTERACT WITH MY GymRat RECRUITING INDEX PROFILE: College coaches and evaluators are utilizing and accessing the GymRat RECRUITING INDEX player profiles **YEAR-ROUND**. The alerts that you receive from the GymRat RECRUITING Index are AUTOMATED messages that come from the system **ONLY** when a college coach or evaluator (publication, scouting service, media member, etc) performs an action in our database that involves your profile. **UNLIKE** the random messages that you might receive from other generic online recruiting services, the alerts received from the basketball-specific GymRat RECRUITING Index are **NEVER** "sales" type messages or randomly sent messages. By following the steps below, you can control or limit the types of alerts that you receive when a college coach interacts with your GymRat profile :

A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
B. Once logged in, click on the **MY PROFILES** link that appears in the blue navigation bar on the left side of the screen.
C. Click on the Dashboard icon in the left hand column that coincides with the PLAYER PROFILE that you would like to view. That will take you directly to the PLAYER'S RECRUITING PROFILE.
D. Once on the RECRUITING PROFILE, there will be a link under the player's name that reads **UPDATE ACCOUNT INFORMATION**
E. Click that link to view the UPDATE ACCOUNT dialogue box and scroll to the bottom of the box in order to select/deselect/change the types of ALERTS that you receive.

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CHECKING MESSAGES IN YOUR GymRat RECRUITING INDEX ACCOUNT: College coaches and evaluators are utilizing and accessing the GymRat RECRUITING INDEX player profiles **YEAR-ROUND**. When a college coach or evaluator (publication, scouting service, media member, etc) performs an action in our database that involves your profile, an alert is generated and logged into your account so that you can maintain a running record of all contacts and alerts. College coaches and evaluators can also send you direct messages through the GymRat RECRUITING Index. To learn how to check your messages and alerts within your GymRat RECRUITING Index profile follow the steps below.

A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html

B. Once logged in, click on the **MY PROFILES** link that appears in the blue navigation bar on the left side of the screen.
C. Click on the Dashboard icon in the left-hand column that coincides with the PLAYER PROFILE that you would like to view. That will take you directly to the PLAYER'S RECRUITING PROFILE.
D. Once on the RECRUITING PROFILE, there will be three black boxes at the top of the page entitled NEW MESSAGES, NEW SEARCHES, and NEW VIEWS. You can CLICK HERE to learn what each of those elements represents.
E. You click on any of the black boxes to view your messages, searches, and/or views. Each element also has a counter next to the black box in order to show how many unread or unchecked messages, searches, and/or views are in your account.

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CHANGE OR CANCEL MY GymRat RECRUITING INDEX SUBSCRIPTION STATUS: Please also note that college coaches and evaluators are utilizing and accessing the GymRat RECRUITING INDEX **YEAR-ROUND**, so keeping your profile up-to-date and visible to college coaches throughout the year is an important part of the recruiting process. GymRat RECRUITING Index accounts auto-renew until they are cancelled by the subscriber. This process is in place in order to ensure continuity of service for players that are in the middle of the recruiting process and utilizing the tools within the system. Unsubscribing from GymRat RECRUITING INDEX services can be easily accomplished at any time by any Authorized User of a Player Profile. To unsubscribe from GymRat RECRUITING Index services:
A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
B. Once logged in, click on the **MY PROFILES** link that appears in the blue navigation bar on the left side of the screen.
C. Click on the Dashboard icon in the left hand column that coincides with the PLAYER PROFILE that you would like to view. That will take you directly to the PLAYER'S RECRUITING PROFILE.
D. Once on the RECRUITING PROFILE, there will be a link under the player's name that reads **UPDATE ACCOUNT INFORMATION**
E. Click that link to view the UPDATE ACCOUNT dialogue box and scroll to the bottom of the box in order to make changes to your subscription status.

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COLLEGE COACH FUNCTIONS
These are functions that are specific to COLLEGE COACHES within the GymRat system.

RENEW MY PROGRAM'S GymRat RECRUITING INDEX SUBSCRIPTION:
GymRat RECRUITING Index subscriptions for COLLEGE COACHES are based on the calendar year and expire each year on December 31st. All program, search, player contact and tracking information is saved in the profile and available immediately once the subscription is renewed in each calendar year. To renew your program's GymRat RECRUITING Index services:
A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html
B. Once logged in, click on the **MY PROGRAMS** link that appears in the blue navigation bar on the left side of the screen.
C. Click on the Dashboard icon in the left hand column that coincides with the PROGRAM PROFILE that you would like to view. That will take you directly to your PROGRAM PROFILE and RECRUITING DASHBOARD.
D. Once on the RECRUITING DASHBOARD, click on the RECRUITING button in the **GREEN** section of the Profile Dashboard Menu

E. Click on the **SUBSCRIPTION** item in the drop-down menu to view the subscription status dialogue box. Your subscription expiration date is displayed on the left-hand side of the box.

F. To renew, simply click the **RENEW** button on the right-hand side of the screen and follow the menu prompts.

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PERFORMING A SEARCH OF THE GymRat RECRUITING INDEX PLAYER DATABASE:
As a part of their GymRat RECRUITING Index subscription, college coaches have the ability to search the GymRat RECRUITING Index based on a large number of search criteria as general as height or home state, or as specific as player name. College coaches can also save their searches and repeat them with a single click. To perform a search of the GymRat RECRUITING Index follow the steps below:

A. Log into your GymRat account at https://gymratchallenge.com/gymrat/login/login.html

B. Once logged in, click on the **MY PROGRAMS** link that appears in the blue navigation bar on the left side of the screen.

C. Click on the Dashboard icon in the left hand column that coincides with the PROGRAM PROFILE that you would like to view. That will take you directly to your PROGRAM PROFILE and RECRUITING DASHBOARD.

D. Once on the RECRUITING DASHBOARD, click on the RECRUITING button in the **GREEN** section of the Profile Dashboard Menu

E. Click on the **PLAYER SEARCHES** item in the drop-down menu to view the search dialogue box. In addition to providing the action point for new searches, this dialogue box will also list any saved searches within your program's GymRat subscription.

  i. **To re-perform a SAVED search**, simply click the name of the saved search in order to re-open the search criteria dialogue box, make any changes that you wish to make to the search, and click the **SUBMIT** button at the bottom of the screen.

F. **To perform a NEW search**, simply click on the **SEARCH NOW** icon ⊕ at the top center of the dialogue box. The Recruit Criteria dialogue box will pop-up. Simply choose your criteria and click the **SUBMIT** button at the bottom of the screen.

  i. **TO SAVE A SEARCH IN YOUR GymRat RECRUITING INDEX PROFILE:** After performing your search, simply click on the save icon 🖫 in the upper-right hand corner of the search results screen. The saved search will automatically appear in the PLAYER SEARCHES section of your profile. You can delete the search by clicking on the red REMOVE button to the right of the search name.

  ii. **TO VIEW INDIVIDUAL PLAYERS PROFILES IN THE GymRat RECRUITING INDEX:** After performing your search, simply click on the link in the PROFILE column of the search results for the player that you would like to view.

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USING THE GROUP & INDIVIDUAL MESSAGING FUNCTIONS OF THE GymRat RECRUITING INDEX: The GymRat RECRUITING Index is equipped with powerful internal communication tools that college coaches can use to message individual players and/or to send bulk messages to large segments of the GymRat database to advertise camps, prospect days, etc. To utilize the powerful communication tools built into the GymRat RECRUITING Index, follow the steps below:

A. To send **INDIVIDUAL MESSAGES** in the GymRat RECRUITING Index:

  i. After performing your search of the player database, you will be shown a list view of all players meeting your search criteria. Click on the **SEND MESSAGE TO PLAYER** link in the MESSAGE column of the search results for the player that you would like to message. The MESSAGE PLAYER dialogue box will pop up. Simply type your message in the MESSAGE box and click SUBMIT.

B. To send **GROUP OR BULK MESSAGES** in the GymRat RECRUITING Index:

i. [After performing your search of the player database](#), you will be shown a list view of all players meeting your search criteria.
ii. To send a GROUP MESSAGE to all players displayed in your search results, click on the ENVELOPE icon ✉ in the upper right-hand corner.
iii. The BULK MESSAGE PLAYER dialogue box will pop up indicating how many players will be receiving your message.
iv. Simply type your message in the MESSAGE box and click SUBMIT. Your message will be simultaneously delivered to all players that appeared in your search.

PLAYER TRACKING IN THE GymRat RECRUITING INDEX: The GymRat RECRUITING Index allows college coaches the ability to track or follow players within the system. This allows college coaches to maintain a streamlined list of priority players. College coaches receive alerts each time a player that they are following makes a change or addition to their GymRat player profile. To track players in the GymRat RECRUITING Index, follow the steps below:

A. [After performing your search of the player database](#), you will be shown a list view of all players meeting your search criteria. Click on the **FOLLOW THIS PLAYER** link in the FOLLOW column of the search results for the player that you would like to message.
B. To view a list of players that your program is following:
    i. Once on the RECRUITING DASHBOARD, click on the RECRUITING button in the **GREEN** section of the Profile Dashboard Menu
    ii. Click on the **PLAYER TRACKING** item in the drop-down menu to view a list of players that you are following.
C. To send a message to a player that you are following, simply click the blue **SEND MESSAGE** button under the player's name.
D. You can remove a player from your Player Tracking list at any time, by simply clicking the red **UNFOLLOW** button under the player's name.